

# 5 EXPECTATIONS AND IDEAS THAT MAKE HOME CLEANING A CHALLENGE



## **" I need to finish every chore in one sitting "**

Believe it or not, short cleaning bursts are more effective than day-long, exhausting cleaning sessions.



## **" I should feel ashamed of my messy home "**

Going into chores with this negative mindset will likely demotivate you before starting. It's more helpful to recognize the need to clean and act now.



## **" My home has to look perfect "**

Trying to achieve a picture-perfect home can be exhausting. It's ok to choose functionality over looks.



## **" Hiring home cleaning services is a luxury "**

It isn't by a long shot throwing money at a problem; instead, it's a valid (and affordable) alternative when home cleaning becomes an overwhelming task.



## **" Household chores are my responsibility "**

It's a common error to think that cleaning your home is your job and no one else's. You'll feel burned out quickly if you don't share the burden.

